

## Restoring Culture and Society

Let us start by respecting the people, places, and knowledge that are left, and the resource they represent.

We can all raise our awareness of the many issues and obstacles that already exist. And we can all endeavor to actually get to know our land, our watersheds, and our air, by being out in them.

There are a growing number of people making this attempt, many with Native American ancestry.

To quote Gregg Castro from the quarterly publication “News From Native California”:

*“The people came into the world, and they have been an integral part of it since the dawn of time. Though much has been lost in the last two-and-a-half centuries, the knowledge lies deep within each of us. Like a mountain spring, it eventually works its way back to the surface. Knowledge, wisdom, courage, truth, love, strength, respect, forgiveness, integrity, patience, humility – they all are bubbling out to quench our thirst.”*



Heather being here, and there, at Morgan Territory

## Daylighting Sites

Here's a controversial topic:

Some would argue that it is best to leave a site untouched and let nature take its course in covering up and eventually hiding completely the locales where Native Americans lived their lives.

Others would say that it is important not to lose sight of these spots and occasionally to scoop out the mortars (daylighting) as both a practical and spiritually rewarding activity. Daylighting is not digging. It is nothing more than cleaning out mortars and, occasionally, removing vegetation from a rock.

One may see these as diametrically opposed points of view.

Obviously, by publishing this handbook I am encouraging awareness of these sites. I also encourage respect for the sites. Use discretion while moving around and touching mortars and cupules.



A mortar within a mortar at Upper Volvon Village

It is against the law to remove any artifacts such as pestles, ornaments, or arrowheads from Native American sites.